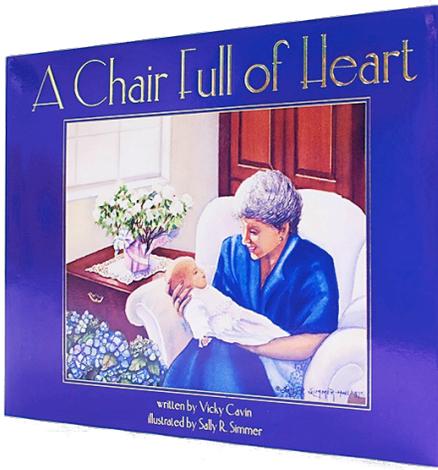


A CHAIR FULL OF HEART

By Vicky Cavin



*A Chair Full of Heart
looks straight through your eyes and into your heart*

*Mama's hands were seasoned
By years of sunlight and bleach,
Torn by thorns and
Bruised and worn,
Yet still within my reach . . .*

From these very first words, Vicky Cavin's tender tribute to the memories she shared with her mother immediately captivates the reader. Her reflections focus on those incidents and conversations that are the stuff of everyday life—a collection of intimate snapshots of a treasured relationship. Some memories are warm and endearing others are bittersweet. But all convey the depth and power of the love Cavin still feels for the mother who is no longer there.

"A Chair Full of Heart" is an eye-catching new book that shares an intimate glimpse of a daughter's relationship with her mother. Using the spare beauty of poetic verse, author Vicky Cavin tells her simple but touching story in just a few lines. With well-chosen words, complemented by the stunning watercolor illustrations of artist Sally Simmer, Cavin reveals the power of their special bond. Charming without being cloying, "A Chair Full of Heart" will please the senses and feed the soul, a rare combination.



The love was always there.

A realistic story...the struggles, love, depth, warmth. A real tribute to your mother, who was your inspiration to write.

A Chair Full of Heart fills the soul

A *Chair Full of Heart* is a heart-rending tale of the ups and downs a daughter and mother go through until they come full circle to realize what's really important. It's a there-but-for-the-Grace-of-God-go-I kind of story. I highly recommend it for mothers, daughters, granddaughters, and sisters. Don't miss out on a *Chair Full of Heart*. I'm sorry it took me a year to find it!

This book was written with Heart and is truly full of Heart

This book involves much personal reflection and encourages us to look beyond our personal differences and treasure the daily interactions with those we care deeply for. It was written from the heart and is truly full of Heart

A CHAIR FULL OF HEART is a healing book.

A *CHAIR FULL OF HEART* is a healing book that lends perspective as it gives expression to the deep, often bittersweet, heart filled space between a daughter and her mother. Though written from the particular, it speaks across generations.



Vicky Cavin is an artist and author living in Spokane

In addition to her love of writing she is a fine artist working in Pastels / Acrylics, Multi Media, and Fabric Art. Her paintings have been described as bold in color, emotionally charged, dreamlike and intense. Her work is shown in galleries throughout Spokane.